



Injectable Fillers (Juvederm™/Radiesse™) Pre- and Post- Care Instructions

1. Your first appointment will be for discussing your aesthetic goals and options, treatment will be scheduled separately.
2. Skin Deep Medical Aesthetics only uses FDA approved injectable fillers Juvederm™ or Radiesse™.
3. Prior to injection, please notify us if you have a rash or infection near or at the planned injection site as we will need to reschedule your treatment.
4. 5-7 days prior to treatment avoid blood thinning agents such as Aspirin, Motrin, Aleve or alcohol. Tylenol is OK to use. Please notify us if you are using prescription or non- prescription blood thinners. Bruising is most common around the eyes. We make every effort to avoid bruising, but, there are several small vessels in this area. Bruising is usually minimal and may take around 2 weeks to resolve. Please avoid caffeine the day of the procedure for more comfort.
5. Injectable fillers are present immediately, but will take 1-2 weeks to “settle”. ***Since everybody is different, your treatment is tailored specifically for you. We would like to see you back in 2 weeks for a quick check of your treatment outcome.*** Sometimes it can be difficult to match expectations with results, but we will strive to accurately inform you of what to expect. We appreciate your trust in us.
6. If you would like to reapply makeup, please do so gently over the treated area. Do not wear a baseball cap or hat for 24 hours if the forehead was treated. Please avoid heavy exercise or sweating for the first 24 hours after treatment and also avoid any compression of the area. (No swimming goggles after an injectable filler treatment of the cheeks or tear troughs).
7. There are several other treatments and products available If you have aesthetic goals that you haven't met, ask your provider what other treatments may be right for you.
8. Product trials, as well as our own patient experiences, report average duration of results is approximately 1 year to 18 months. Regular injection intervals maintain an optimal aesthetic result and prevent returning to your original pre-treatment condition.
9. Let us know if you have any comments, questions or concerns. The staff at Skin Deep Medical Aesthetics is committed to patient education, safety and care. Contact us with any questions or concerns.